



NOVA National Stage Race presented by SOBE Cannondale
Stage Race Information
Updated March 10, 2008

Professional, Semi-pro and Expert Men's Category Stage Race Format
Stage 1 Super D TT –Stage 2 KENDA Short Track - Stage 3 KENDA Cross Country

Expert Women and Beginner and Sport Category Stage Race Format
Stage 1 Super D TT- Stage 2 KENDA Cross Country

The Stage Race will be decided in an OMNIUM format – each stage placing will be assigned points and the lowest cumulative point total is the Stage Race winner.

Professional category racers will be awarded UCI points based upon their cross country race finish ONLY. Professional category racers will be awarded UCI XCO C2 points. Results will be submitted to the UCI by Chief Commissaire Cindi Hines within 2 hours of the stage race finish on Sunday.

National Mountain Bike Series KENDA Cross Country points will be distributed for Series categories based upon final Stage Race standings. There will be no Series points awarded specifically in Short Track or Super D.

Super D Stage Description

The Super D is mostly a descent from near the outer boundary of the competitive track and finishing in the main venue. Individual racers will start every 30 seconds and the winner will be the one who makes the least amount of mistakes – and even the smallest of mistakes will make a huge time difference on this short, fast, single track descent. The Super D course features high speed corners bordered by cactus and desert rock which forces riders to concentrate at high speed from start to finish.



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KENDA Short Track Stage Description

This short track course is a bit longer than most - course combines a very fast start transitioning to some very tight singletrack. With a lap time of three minutes or more, with little passing, race tactics play a big role in determining the winner. Short Track racing at its best is shoulder to shoulder.....NASCAR on a mountain bike!!!

The KENDA Cross Country Stage Description

The KENDA cross country will be the first real test of the 2008 mountain bike race season. The desert cross country will be a true measure of early season fitness for all racers – male and female. For many of the professional men and women whom are aspiring for a spot on the 2008 United States Olympic team, the available UCI points are critical. The standard by which all other desert cross country courses are measured , the McDowell Mountain Regional Park competitive track cross country will be the first time the racers will race the “Long Loop” this weekend. The Long Loop is the best of desert racing – endless singletrack, technically challenging corners and straights, a few high speed descents and a smattering of short steep climbs. Most racers will negotiate multiple laps and hope to finish without an up close and personal visit to the hundreds of Cholla, Saguaro cactus that line the 10 mile lap. This course rewards the racer who can remained focused while negotiating the twist and turns of the trail at high speeds.



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Clinics for Kids and Adults

Join World Champion, two-time Olympian, and Team Luna Chix Alison Dunlap for a mountain bike skills clinic. Learn techniques and strategies that will improve your climbing, descending, cornering, switchbacks, and anything else you want to fine tune before your event.

Here's your chance to brush up on the fundamentals of mountain bike riding and racing, practice what you thought you knew, and learn the advanced techniques you always wanted to know.

We will not be pre-riding the course and each clinic lasts only an hour to keep you fresh and ready for your big event.

- Clinics are free and open to all ages and abilities.
- Check for clinic times and sign-up on-site at Athlete Registration.
- You don't have to be a racer to participate.
- All clinics meet at the Luna Women's Mountain Bike Team truck in the venue area.
- Clinics last one hour.

Alison Dunlap has been a member of the Luna Women's Mountain Bike Team since 2002. She raced competitively for eighteen years, went to two Olympics, won the World Championships, the World Cup title, and has thirteen National Championships to her name. Although Alison hasn't raced since 2005 she is an active member of Team Luna Chix, holding race clinics at various NMBS events as well as running camps, clinics, and coaching through her company *The Alison Dunlap Adventure Camps*. Visit her website at www.alisondunlap.com or contact her directly at alison@alisondunlap.com.



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Free Kids Races presented by SHIMANO

The Shimano Youth Series races are the highlight of the weekend. For aspiring racers under the age of 10, this short multiple lap dirt race is fun and exciting. Racers will be joined by the best professional mountain bikers who will “race” them around the Shimano Youth Series circuit. FREE to kids under the age of 10 – Saturday at 12noon – McDowell Mountain Regional Park main venue.

In addition, please visit www.novayouthcycling.org for more information on the ongoing programs available to kids of all ages – including a very cool High School mountain bike racing league – which the champion will be crowned during this weekend.

